

DR CATHERINE NYUTHE

PSYCHIATRIST

QUALIFICATIONS

FRANZCP (2013)
FCPsyh, University of Cape Town, South Africa (2010)
Awarded Novartis Award for Best Clinical Candidate Nationally (2010)
MBChB University of Pretoria, South Africa (2002)

MEDICO-LEGAL ACCREDITATION

AMA4 and AMA5 (2017)
Comcare (2017)
TAC (2017)

CURRENT POSITION

Consultant Psychiatrist
Maroondah Mobile Support & Treatment Service, Victoria
Maroondah Community Care Units, Victoria
Knox Private Hospital, Wantirna, Victoria

COMMITTEES AND MEMBERSHIPS

Health Professions Council of South Africa
Member (1997 – present)

Royal Australian and New Zealand College of Psychiatry
Fellow (August 2013 – present)

Secure Extended Care Unit Working Party
Outer East Rehabilitation Consultant Psychiatrist, At Eastern Health (March 2013 – present)

PROFESSIONAL EXPERIENCE

Senior Registrar (2011 – 2013)
Maroondah Hospital, Victoria

Consultant Psychiatrist (2011)
Kenilworth Clinic, Cape Town, South Africa
Groote Schuur Hospital, Cape Town, South Africa

Specialist Registrar in Psychiatry (2007 – 2011)
University of Cape Town, South Africa
Valkenberg Hospital, South Africa

Senior House Officer (2005–2006)
Various locum posts, United Kingdom

PROFESSIONAL INTERESTS

Perinatal Psychiatry | Impairment Assessments | Anxiety Disorders

ASSESSMENT SPECIALTIES

Depression | Posttraumatic Stress Disorder | Adjustment Disorder |
Agoraphobia | Panic Disorder | Stress | Trauma | Psychological Injury |
Bipolar Disorders | Psychological Injury Secondary to Physical Conditions



ABBREVIATED
CURRICULUM
VITAE

DR CATHERINE NYUTHE

PSYCHIATRIST

Dr Catherine Nyuthe completed her medical degree at the University of Pretoria, Cape Town, South Africa. She was then granted Fellowship of the Colleges of Medicine (Psychiatry). After moving to Australia, Dr Nyuthe became a Fellow of the Royal Australian and New Zealand College of Psychiatry. Additionally, in 2010 she was awarded the Novartis Award for Best Clinical Candidate Nationally in South Africa.

Dr Nyuthe currently holds the position of Consultant Psychiatrist at the Maroondah Mobile Support and Treatment Service and Community Care Units in Victoria. She has previously worked as a Specialist Registrar in Psychiatry at the University of Cape Town and the Valkenberg Hospital in South Africa. As well as this, while still in South Africa, she has been a Consultant Psychiatrist at Kenilworth Clinic and Groote Schuur Hospital.

Dr Nyuthe has an interest in perinatal psychiatry, impairment assessments and anxiety disorders. Her assessment specialties include, but are not limited to, depression, PTSD, panic disorder, stress, trauma and psychological injury secondary to physical conditions. She is currently accredited with the Australian Medical Association (AMA4 and AMA5), TAC and Comcare.